



Sunnyside Spencer Academy

SCARF & SRE

Safety, Caring, Achievement, Resilience, Friendship

Sexual and Relationship Education

Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic Title	<p>Healthy Lifestyles</p> <p>Week 1) Eat well Week 2) Our feelings Week 3) Harold's wash and brush up Week 4) Catch it! Bin it! kill it! Week 5) I can eat a rainbow Week 6) Super Sleep</p>	<p>Keeping Safe</p> <p>Week 1) Harold loses Geoffrey Week 2) Who can help? Week 3) Harold's school rules Week 4) What could Harold do? Week 5) Week 6)</p>	<p>Growing and Changing</p> <p>Week 1) Harold learns to ride his bike Week 2) Then and now Week 3) Inside my wonderful body Week 4) Keeping privates private Week 5) Taking care of a baby Week 6)</p>	<p>Healthy Relationships</p> <p>Week 1) Surprises and secrets Week 2) Good and bad touches? Week 3) Unkind, tease or bully? Week 4) Who can help? (2) Week 5) How are you listening? Week 6) Pass on the praise</p>	<p>Valuing Difference</p> <p>Week 1) It's not fair Week 2) Good friends Week 3) same or different</p> <p>Rules, rights and responsibilities</p> <p>Week 4) Why we have classroom rules Week 5) Take care of something Week 6) Our special people balloons</p>	<p>Rules, rights and responsibilities</p> <p>Week 1) Basic First aid</p> <p>Caring for the environment</p> <p>Week 2) Around and about the school</p> <p>Money</p> <p>Week 3) Harold's money Week 4) How should we look after our money</p>

Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic Title	<p>Healthy lifestyles</p> <p>Week 1 My day</p> <p>Week 2 Harold's bathroom</p> <p>Week 3 Harold's postcard</p> <p>Week 4 My body needs</p> <p>Week 5 What does my body do?</p>	<p>Feelings and emotions</p> <p>Week 1 How are you feeling today?</p> <p>Week 2 How do we make others feel?</p> <p>Week 3 My special people</p> <p>Week 4 Being a good friend</p> <p>Week 5 Let's all be happy!</p> <p>Week 6 Fun or not?</p>	<p>Rights, rules and responsibilities</p> <p>Week 1 Our ideal classroom pt1</p> <p>Week 2 Our ideal classroom pt2</p> <p>Week 3 When I feel like erupting</p> <p>Week 4 When someone is feeling left out</p> <p>Week 5 Getting on with others</p> <p>Week 6 Basic first aid</p>	<p>Keeping safe</p> <p>Week 1 How safe would you feel?</p> <p>Week 2 What should Harold say?</p> <p>Week 3 Harold's picnic</p> <p>Week 4 Respecting privacy</p> <p>Valuing difference</p> <p>Week 5 An act of kindness</p> <p>Week 6 What makes us who we are</p>	<p>Growing and changing</p> <p>Week 1 You can do it!</p> <p>Week 2 Sam moves house</p> <p>Week 3 Haven't you grown</p> <p>Week 4 My body, Your body</p> <p>Caring for the environment</p> <p>Week 5 How can we look after our environment</p> <p>Money</p> <p>Week 6 Harold saves for something special</p>	

Year 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic Title	<p><u>Healthy lifestyles.</u> Week 1 Derek cooks dinner Week 2 Poorly Harold Week 3 Body Team work</p> <p><u>Living in the wider world- Money.</u> Week 4 Can Harold afford it. Week 5 Earning Money</p>	<p><u>Living in the wider world.</u> Week 1 As a rule. Week 2 For or against Week 3 Thunks Week 4 Recount task Week 5 Super Searcher Week 6 Basic First Aid</p>	<p><u>Healthy relationships</u> Week 1 Looking after our special people Week 2 Danger or Risk? Week 3 Bodyspace Week 4 How can we solve this problem? Week 5 Friends are special Week 6 Zeb Week 7 Relationship tree</p>	<p><u>Keeping safe</u> Week 1 The risk robot Week 2 Safe or unsafe Week 3 Getting on with your nerves! Week 4 Help or Harm? Week 5 None of your business</p>	<p><u>Caring for the environment</u> Week 1 Lets have a tidy up Week 2 My community Week 3 Our helpful volunteers Week 4 Harolds environment challenge</p> <p><u>Feelings and emotions</u> Week 5 Secret or surprise? Week 6 Dans Dare</p>	<p><u>Growing and changing</u> Week 1 My special pet Week 2 Top talents Week 3 I am fantastic Week 4 My changing body</p>

Year 4						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic Title	<p><u>Growing and changing</u> Week 1 An email from Harold Week 2 Moving house Week 3 My Feelings are all over the Week 5 All change Week 6 Period positive</p>	<p><u>Healthy relationships</u> Week 1 Ok or not ok? part 2 Week 2 Ok or not ok? part 1 Week 3 Islands Week 4 Human machines Week 5 Can you sort it? Week 6 Together</p>	<p><u>Caring for the environment</u> Week 1 Logo quiz Week 2 Volunteering is cool Week 3 My school community Week 4 Harold's 7 R's</p> <p><u>Living in the wider world.</u> <u>Money</u> Week 5 Harold's expenses Week 6 Why pay taxes</p>	<p><u>Keeping safe</u> Week 1 Danger, risk or hazard Week 2 Who helps us stay healthy? Week 3 Picture wise Week 4 Keeping ourselves safe Week 5 When feelings change Week 6 Under pressure</p>	<p><u>Rules, rights and responsibilities</u> Week 1 How do we make a difference? Week 2 In the news! Week 3 The people we share our world with Week 4 Safety in numbers Week 5 It's your right Week 6 Basic First aid</p>	<p><u>Valuing difference</u> Week 1 Friend or acquaintance Week 2 What would I do Week 3 What makes me ME?</p> <p><u>Feelings and emotions</u> Week 4 Different feelings Week 5 Secret or surprise Week 6 How dare you!</p>

Year 5						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic Title	<p><u>Healthy relationships</u> Week 1- It could happen to anyone Week 2 - Taking notice of our feelings Week 3 - Collaboration Challenge Week 4 - Give and take Week 5 - Relationship cake recipe</p>	<p><u>Keeping safe</u> Week 1- Thinking about habits Week 2 - Independence and responsibility Week 3 - Spot bullying Week 4 - Communication Week 5 - Would you risk it?</p>	<p><u>Rules, rights and responsibilities</u> Week 1 - Local councils Week 2 - What's the story? Week 3 - Facts or opinion Week 4 - The land of the Red People Week 5 - Basic First aid</p>	<p><u>Caring for the environment</u> Week 1 - Rights, responsibilities and duties Week 2 - My school community Week 3 - Mo makes a difference</p> <p><u>Money</u> Week 4 - Spending wisely Week 5 - Lend us a fiver! (Natwest Money Sense)</p>	<p><u>Healthy lifestyles</u> Week 1 - Smoking: what is normal? Week 2 - Getting fit Week 3 - It all adds up!</p> <p><u>Keeping safe</u> Week 4 - Drugs: true or false Week 5 - What's the risk? Week 6 - Would you...?</p>	<p><u>Growing and changing</u> Week 1 - Different skills Week 2 - How are they feeling? Week 3 - Growing up and changing bodies Week 4 - Star qualities? Week 5 - changing bodies and feelings Week 6 - Help! I'm a teenager - get me out of here!</p>

Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic Title	<p>Healthy lifestyles</p> <p>Week 3 - Five ways to wellbeing project</p> <p>Week 4 - I look great</p> <p>Week 5 - We have more in common than not</p>	<p>Relationships - Healthy relationships</p> <p>Week 1 - Solve the friendship problem</p> <p>Week 2 - Working together</p> <p>Week 3 - Let's negotiate</p> <p>Week 4 - Behave yourself</p> <p>Week 5 - Don't force me</p> <p>Week 6 - Acting appropriately</p>	<p>Relationships - Valuing difference</p> <p>Week 1 - advertising friendships</p> <p>Week 2 - respecting differences</p> <p>Week 3 - Okay to be different</p> <p>Rules, rights and responsibilities</p> <p>Week 4 - Fake book friends</p> <p>Week 5 - Tolerance and respect for others</p>	<p>Living in the wider world - money</p> <p>Week 1 - What's it worth?</p> <p>Week 2 - Jobs and taxes</p> <p>NatWest Money Sense</p>	<p>Growing and Changing</p> <p>Week 1 - Is this normal?</p> <p>Week 2 - Helpful or unhelpful? Managing change</p> <p>Week 3 - Boys will be boys?</p> <p>Week 4 - This will be your life!</p> <p>Week 5 - Media manipulation</p> <p>Week 6 - Making babies</p>	<p>Living in the wider world - caring for the environment</p> <p>Week 1 Project Pitch</p> <p>Week 2 - Community art</p> <p>Week 3 - Action stations</p> <p>Week 4 - Happy shoppers</p>

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EYFS	Year 1	Year 2	Year 3
<ul style="list-style-type: none"> •Name the main body parts •Show that family and friends should care for each other •Identify and respect differences and similarities between people 	<ul style="list-style-type: none"> •Name the main body parts •Explain and show that family and friends should care for each other •Identify and respect the differences and similarities between people 	<ul style="list-style-type: none"> •Name the main body parts •Explain and show that family and friends should care for each other •Identify and respect the differences and similarities between people 	<ul style="list-style-type: none"> •Recognise and challenge stereotypes •Recognise the risks and how to behave appropriately •Understand how their body changes over time •Aware of different types of touch
Outcomes	Outcomes	Outcomes	Outcomes
<ul style="list-style-type: none"> •To recognise some feelings •To recognise that their behaviour affects other people, especially when angry •To know who to ask for help •To understand that there are different types of families •To know how the body changes since birth •To name parts of the body and their uses •To understand some basic hygiene principles •To know how to keep clean •To know how to look after myself 	<ul style="list-style-type: none"> •To understand there are different types of families •To know who to ask for help •To know how I am special •To understand that babies become children and then adults •To know how people grow and change •To know the difference between boy and girl babies •To understand some basic hygiene principles •To know how to keep clean •To know how to look after myself 	<ul style="list-style-type: none"> •To understand there are different types of families •To know how I am special •To know how I belong •To describe some differences between boys and girls •To describe how people change over time •To describe some differences between male and female animals •To understand basic hygiene •To know how to look after myself •To know which parts of me are private 	<ul style="list-style-type: none"> •To understand how families have different family members •To identify who to go to for help and support •To know how I belong •To understand how to overcome peer pressure •To understand different kinds of touch and personal space •To give real life advice and problem solve •To explore gender stereotypes •To know the differences between males and females •To understand how my body changes throughout my life
Key Vocabulary	Key Vocabulary	Key Vocabulary	Key Vocabulary
Clean, similar, different, family, boy, girl, male, female, body part, penis, vagina, safe, feelings	Clean, similar, different, family, boy, girl, male, female, body part, penis, vagina	Clean, similar, different, sex, gender roles, stereotypes, boy, girl, male, female, body part, penis, vagina	Stereotypes, gender roles, similar, different, male, female, body part, penis, vagina, family, fostering

Health and wellbeing - SRE

Year 4 Skills	Year 5 Skills	Year 6 Skills
<ul style="list-style-type: none"> •Recognise and challenge stereotypes •Understand how the body changes throughout life •Aware of puberty •Recognise the emotional and physical changes of puberty 	<ul style="list-style-type: none"> •Recognise and challenge stereotypes •Understand how the body changes throughout life •Aware of puberty •Recognise the emotional and physical changes of puberty Can they use strategies to cope with changes 	<ul style="list-style-type: none"> •Recognise and challenge stereotypes •Understand how the body changes throughout life •Aware of puberty? •Recognise the emotional and physical changes of puberty •Aware of risks and how to deal with them?
Outcomes	Outcomes	Outcomes
<ul style="list-style-type: none"> •To understand how families have different family members •To identify who to go to for help and support •To know how I belong •To explore gender stereotypes •To know the differences between males and females •To understand how my body changes throughout my life •To understand what puberty is •To know about the physical and emotional changes of puberty •To understand that each person experiences puberty differently 	<ul style="list-style-type: none"> •To understand how families have different family members •To identify who to go to for help and support •To know how I belong •To explore gender stereotypes •To understand how my body changes throughout my life •To know how to keep clean •To understand and describe different coping strategies •To explore how the body changes throughout puberty •To understand what hormones are 	<ul style="list-style-type: none"> •To understand what hormones are •To explore different strategies to deal with changes •To explain physical changes in males and females (periods, puberty) •To be able to identify some risks in specific situations •To be able to identify what influences their decisions •To understand how self confidence, communication skills and assertiveness can help them to keep safe
Key Vocabulary	Key Vocabulary	Key Vocabulary
Stereotypes, gender roles, similar, different, male, female, penis, vagina, puberty, period, pregnancy	Stereotypes, gender roles, similar, different, male, female, penis, vagina, period, puberty, hormones	Stereotypes, gender roles, similar, different, male, female, penis, vagina, period, puberty, risk, challenge, decision